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News on the Move

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Relating pg 6

Tolerating a date movie

Eradicating Poverty

To mark the United Nations' International Day for the Eradication of Poverty this Monday, Metro Canada is taking a look at how Canadians are fighting poverty and making ends meet.

• Today
We introduce you to a local resident who is living in poverty because of the recession, page 3.

• Tomorrow
Metro looks at how local agencies are trying to help those who are living below — and above — the poverty line.

• Online
Metro Canada wants to hear your ideas on how we can eradicate poverty and learn about how the issue is affecting your community. Go to metronews.ca to share your views, tell your story, or upload a picture.



On the web
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Carbon capture cash

Federal, Alberta governments promise \$779M for GHG-storage project

The federal and Alberta governments have promised \$779 million to help a large private-sector company build a project that could eventually see one million tonnes of greenhouse gases injected underground.

"Carbon capture and storage has the potential to help us balance our need for energy with our duty to protect the environment," Prime Minister Stephen Harper said yesterday as he announced the \$1.4-billion project at TransAlta Corp.'s 400-megawatt coal-fired generating station just west of Edmonton.

The Alberta government has promised \$436 million, the majority coming over 15 years, to TransAlta while \$343 million is to come from Ottawa. TransAlta will pay for the rest.

TransAlta president Steve Snyder said the company will make a final decision on the project's feasibility in about a year and, if it's ap-

proved, expects it to start sending carbon dioxide underground for long-term storage in 2015.

"We'll do an engineering study just to be sure we believe this will be a good investment," Snyder said. "Everything we've seen today says this is a go."

"By 2015, we should be capturing and sequestering one

million tonnes of carbon (annually)."

It's the second such announcement in as many weeks for the two governments. Last week, they announced \$865 million for a \$1.35-billion carbon capture and storage project at Shell's Scotford oilsands upgrader near Edmonton.

Carbon capture and stor-

age is an attempt to reduce greenhouse gas emissions from large industrial sources by separating carbon dioxide from other gases, collecting it and then transporting it through pipelines and storing it deep underground — forever, proponents hope — in saline aquifers or porous rocks.

Although all aspects of the technology have been used in smaller facilities, carbon capture and storage is largely untried at scales large enough to make a difference to climate change. If they proceed, both the Scotford and TransAlta projects would be among a handful of projects around the world that store more than a million tonnes of carbon dioxide underground a year.

THE
CANADIAN
PRESS

Prime Minister Stephen Harper announced Ottawa and the province will put \$779 million towards a private-sector carbon-capture project yesterday.

JIMMY JEONG/THE CANADIAN PRESS

Cuts on the way

• Premier Ed Stelmach used a provincewide broadcast yesterday to warn Albertans of coming budget cuts and belt-tightening measures, starting with a two-year wage freeze for 6,500 senior bureaucrats.

But the 20-minute, paid address was short on specifics as to how the premier will fulfill his promise to eliminate a record \$7-billion deficit in three years without raising taxes.

"We'll limit government spending and live Stelmach within our means," the premier said in the pre-taped message. "This plan will not increase taxes. You cannot tax your way out of recession. That would only hurt the fragile recovery that's starting to emerge."

The wage freeze will save \$22 million over two years and affects 4,400 managers in all government departments, plus 2,100 senior staff including bureaucrats earning up to \$400,000 a year.

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Nintendo



Local

Lights out for Bright Nights

The lights are out on Bright Nights, the Edmonton Chamber of Commerce winter family festival. Officials blame rising operating costs and disrepair of some lighting displays. The event has been a staple during the holiday season for 11 years, and has raised nearly a quarter million pounds of food for the Edmonton Food Bank. **METRO EDMONTON**



News in brief

SHOOTINGS Police are investigating after two young men were shot following a rap show early yesterday morning. Shots were fired from a vehicle in a parking lot near Diesel Ultra Lounge, near 119 Avenue and Wayne Gretzky Drive. Police believe the attack was targeted and have enlisted the help of the Gang Unit in the investigation. **METRO EDMONTON**

Edmonton tweets

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What's online today.

Family Law

Columnist
Brahm Siegel
tackles Letterman, Edwards, divorce and adultery at metronews.ca/family matters

Lotteries

Lotto 6/49: 4, 17, 19, 22, 24 & 46. Bonus 30
These results are not official.

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It's give and take at Mustard Seed

A low-income grandmother raising five kids makes it work with church's help

Eradicating Poverty

ANDREAS MORSE
for Metro Edmonton

Hundreds of Edmonton's low income and homeless population show up at the Mustard Seed Church six evenings a week for a warm meal.

June Culbertson is one of those people. The 63-year-old aboriginal grandmother not only comes by for the

food and the friendship, she also works part-time at the church as a cleaning lady.

Between her part-time job and her monthly allowance from the government, she barely has enough money to pay for her home, her bills and put food on the table. If she were by herself, that would be one thing, but Culbertson is raising five grandchildren, making it very difficult to get by.

"I try my best," Culbertson said. "I get very tired

"I get very tired and sometimes I feel like giving up, but I don't give up."

June Culbertson

and sometimes I feel like giving up, but I don't give up, I just keep going because I'm doing it for them. They're my life."

Culbertson's grandchildren are between the ages of four and 16.

"They only have me and they've had a really tough

life," she said. "I try to do it on my own but when it gets really difficult I know I can come here and get help."

Culbertson gets help from the Mustard Seed from time-to-time when she needs bread or something to feed her grandchildren. But even though she's clearly in a position where she needs help, she knows it's give and take.

"I've been volunteering here for a long time ... I don't feel so bad for taking," she said. "Sometimes I don't know how I make it

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but I make it. It's because I have faith and I know someone is watching over me."

"And this place," she added, looking around. "This place helps me out, a lot."



Kimee Lewis, 16, a Grade 11 student at Victoria School of Performing and Visual Arts, shows off her "Feel Good Ripple" T-shirt yesterday to kick off the Servus Credit Union campaign.

Students aiming to inspire good deeds

NOEMI LOPINTO
for Metro Edmonton

RIPPLE The Grade 11 class at Victoria School of Visual and Performing Arts were the first to try it.

Some students put toonies in envelopes all over the city. Some distributed free hot chocolate in

downtown Edmonton.

Kimee Lewis, 16, left small gifts all over her mom's office where morale is low after recently announced staff cuts.

"The best part is seeing people happy," she said.

The students were invited to kick off Servus Credit Union's Feel Good Ripple campaign, which aims to

inspire random acts of kindness across the province.

The money is distributed in \$10 increments at branch locations across the province. You can plug a stranger's expired parking meter or buy them lunch.

Recipients are encouraged to perform their own good deed.

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The latest study of cigarette butts collected around high schools in Ontario and Quebec suggests more and more teens are buying their smokes on the black market. The study commissioned by the Canadian Convenience Stores Association found 30 per cent of butts gathered outside Ontario high schools were contraband. **THE CANADIAN PRESS**

Canada



Tobacco firm destroyed research: Report

University researchers allege Imperial Tobacco Canada destroyed seven million pages of research that included scores of studies showing the devastating impact of smoking. The University of Waterloo researchers have examined 60 scientific studies conducted between 1967 and 1984, and published their findings in the Canadian Medical Association Journal. They say that one of the studies shows tobacco company researchers exposing hamsters to cigarette smoke, and concluding that they developed cancerous lesions as a result. **THE CANADIAN PRESS**

News in brief

SECURITY The Department of Justice is reviewing its security policies after a 16-year-old female allegedly hid a knife in her genitals then tried to use it in the attack of a 22-year-old woman inside the Halifax provincial courthouse Tuesday afternoon. "We understand that she got through the metal detectors (at the courthouse) because she had placed the knife in her vagina," said the department of justice's Christine Mosher, who is the executive director, court services division, responsible for sheriff services.

PHILIP CROUCHER/METRO CANADA
DNA TEST Keanu Reeves is not the father of a Barrie, Ont., woman's children, says a lawyer for the actor. CTV News reports the lawyer as saying DNA tests have determined Reeves is not the father of any of Karen Sala's four adult children. Reeves agreed to the DNA test last month.

THE CANADIAN PRESS

Montreal Charkaoui arrives



Adil Charkaoui, left, arrives with supporters at a news conference yesterday in Montreal. A judge ruled against any appeals to the removal of the security certificate against him and removed all remaining bail conditions against Charkaoui, who was suspected of being a terrorist.

RYAN REMONZ/THE CANADIAN PRESS

Torture was possible, diplomat warned

Official advised feds of prisoner abuse in buried reports

A Canadian diplomat warned the federal government in writing early in 2006 that Afghan prisoners faced the possibility of torture — reports that have been smothered under a blanket of national security.

The politically explosive revelation was made in an affidavit filed by Richard Colvin — now an intelligence officer with the Foreign Affairs Department — to the Military Police Complaints Commission, which once again adjourned public hearings yesterday.

The inquiry, which is looking at what military

Response

• When allegations of abuse surfaced, Prime Minister Stephen Harper and several cabinet ministers insisted they had received no credible reports from Canadian officials about possible torture.

police knew, or should have known, about possible Afghan prison torture, has been put on hold for at least six months amid court appeals over its jurisdiction.

Colvin's written submission stated that two reports — one on May 26,

2006, and the other on June 2, 2006 — were distributed widely in the Foreign Affairs and Defence Departments, including to senior military commanders in both Ottawa and Kandahar.

He also visited Kandahar's Sarpooza prison.

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Comment

Cuddle up with popcorn, movie

Relating

Steve Collins

metronews.ca/collins

The critics have not been at all kind to Couples Retreat (The Globe and Mail warns, "Couples, Retreat") but the romantic comedy led at the

box office last weekend with \$35.3 million.

Date movies, like family movies, aren't designed to have particular appeal to anyone in particular, but to be tolerable compromise entertainment for everybody. They should be earthy enough to make him laugh, yet not so crude as to put her off her popcorn. The point of the exercise is to go to a movie together.

These productions aren't my usual thing, especially when quality cinema like

Zombieland beckons, but I care about our relationship, dearest reader. I saw it for you. I want this to work out.

I also care enough about my beloved not to subject her to date movies, so I went alone. Weirdly, I wasn't the only single there.

The movie stars Vince Vaughn, Jon Favreau and some Kristins. Four couples find themselves stuck in a tropical resort where they're forced into relationship therapy.

A movie talking about re-

On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs

lationships could be seen as a bit of a horror movie for guys, so it's laced with what are clearly intended as dude moments: Penis jokes, girls in bikinis, some sharks and a totally bitchin' Guitar Hero showdown.

The big message? Don't take each other for granted. Cheating is wrong.

Weirdly, on the press junkets for the movie, Vaughn slipped this bit into an interview: "The only expert thing I know about a relationship is that I don't know anything. I think every time I think I know something, obviously you then learn that you don't know anything, but I do know this to be true: I know that men marry women hoping that they will not change, and women marry men hoping that they will change, and inevitably

everyone is disappointed." Should have put that one in the movie, Vince.

Instead, and I hope I'm not spoiling anything, the couples, after much upset, remember why they fell in love with each other in the first place, and there's a Wizard of Oz wrap-up ending where they find out they had it in them all along.

Date movies, eh?

Steve Collins offers his best guesses on relationships for Metro every two weeks.

Views

Healing through truth, reconciliation



Mardi Tindal

I met Desmond Tutu in 1990 when interviewing him about the dismantling of apartheid in South Africa. I greatly admired Tutu's personal risk-taking in the cause of liberation for South Africans.

My admiration grew even deeper five years later as he began chairing the South African Truth and Reconciliation Commission.

While aware of the shameful past of South African apartheid, most Canadians were far less aware about our own societal sins regarding aboriginal residential schools. These schools led to untold suffering and cultural loss.

Since 2003, the United Church of Canada has worked with other churches and aboriginal and survivor groups to promote a national truth-telling and healing process. Over the next five years, we will all have the opportunity to participate in a Truth and Re-

FocusOn FirstNations

conciliation Commission through national and community events.

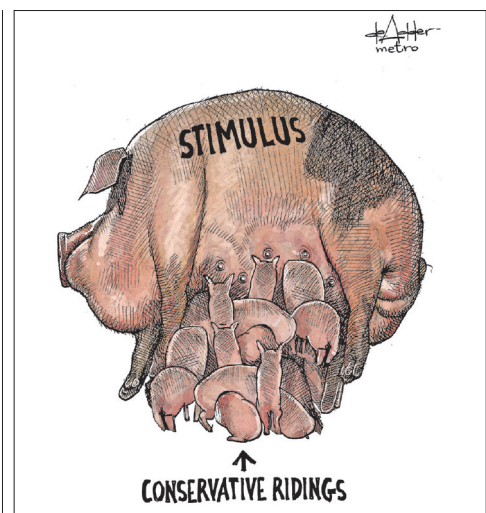
Today, with survivors, aboriginal, church and government leaders, I will join Gov. Gen. Michaëlle Jean to mark a renewed effort in our own truth-telling and healing process.

Acknowledging wrongdoing is the first step on the road of repentance. At the United Church, we have worked hard to become in-

formed and responsive to the harmful impact of the residential schools on Aboriginal Peoples and their cultures. We have apologized to former residential school students, their families and communities. But there is much more listening and, we trust, healing ahead of us.

Today, all Canadians are being given the opportunity to come to terms with our own national shame — and with the promise of healing.

Mardi Tindal is the 40th moderator of the United Church of Canada.



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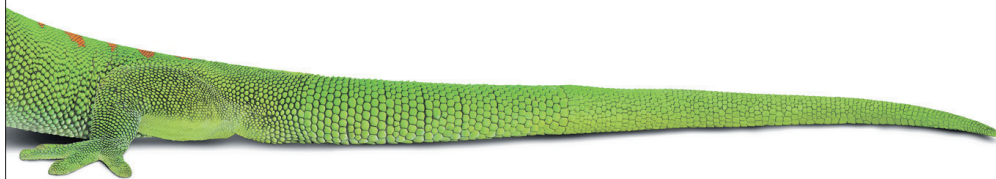


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Mattel and Fisher Price have agreed to reimburse consumers for Chinese toys found to contain high levels of lead. The proposed class action settlement, filed in Los Angeles, could total more than \$50 million US. Mattel said this resolves "virtually all" U.S. claims. **THE ASSOCIATED PRESS**

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Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Stand by for a border boom

As loonie bounces back, retailers fear shoppers will flee to U.S.

The loonie edged closer to parity yesterday, stoking Canadian retailers' fears that their recent sales gains will soon be fleeing south of the border.

Bank of Montreal economist Douglas Porter says there is already anecdotal evidence that cross-border shopping — a victim of the recession and the loonie's tumble earlier this year —

may be reviving.

"The chatter I'm hearing is there were big lineups at the border to get back into Canada on Monday night," he said.

Porter recently compiled a comparison of prices between Canada and the U.S.

The price gap that was as high 20 per cent in summer 2008, was down to 6.8 per cent a year later.

"There were big lineups at the border to get back into Canada."

Douglas Porter, guessing cross-border shopping is back

The comparison of 18 goods was taken at the end

of July when the Canadian dollar was valued at about 92 cents US. But the loonie traded as high as 97.53 cents US yesterday.

Porter said that would make his basket of goods in Canada about 12 per cent more expensive than in the U.S., a gap he believes will convince shoppers the trip south is worth it. **THE CANADIAN PRESS**

New vehicle sales take a tumble

AUTOMOTIVE New motor vehicle sales fell 0.3 per cent to 126,401 in August.

Statistics Canada blames a slide in passenger-car sales for the decline.

THE CANADIAN PRESS

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PepsiCo will help you score?

THE SEXES PepsiCo is facing criticism for an iPhone application that promises to help men "score" with two dozen stereotypes of women by giving pickup lines and a scoreboard to keep track of conquests.

The company is using it to market its Amp energy drink.

Spokesperson Nicole Bradley said: "We'll continue to monitor the feedback from all parties."

THE ASSOCIATED PRESS



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Valid only at Tudor Glen McDonald's restaurant, #10 Galarneau Place, St. Albert, AB. © 2009 McDonald's

Bombardier lands \$383M contract

Bombardier Transportation said yesterday it has won a \$383-million US contract to provide 100 electric locomotives to Italy's Trenitalia. The contract adds to previously received orders from Trenitalia for a total of 638 locomotives. **THE CANADIAN PRESS**

Biomass subsidy called threat

Canada's battered forest industry faces a new threat on the horizon that could kill thousands of jobs as reports suggest the United States is looking to bolster its biomass subsidy, says the Forest Products Association of Canada.

Association president Avrim Lazar says U.S. producers would gain a new competitive advantage unless Ottawa develops a national strategy and provides substantial funding to harness the country's potential to become a bioenergy superpower.

"If the U.S. and European government subsidize the movement of their industries in that direction, we're going to lose tens of

thousands of jobs and we're going to lose a huge opportunity," he said in an interview.

Left unmatched, an expanded U.S. program will lead to mill closures, Lazar added. The Canadian industry has lost tens of thousands of jobs in recent years as the global recession has wiped out demand for lumber, pulp and paper.

The U.S. biomass crop assistance program, included in a 2008 farm bill, is designed to support the shift from fossil fuels to renewable energy. It is expected to provide about \$25 million US in subsidies this year to convert one million tonnes of scrap wood and chips to energy.

THE CANADIAN PRESS

Business in brief

CRUDE Oil prices yesterday soared to new highs for the year because of a weak dollar and the upcoming holiday shopping season that could bring more traffic to U.S. roads. Benchmark crude for

November delivery added 78 cents to \$74.93 US on the New York Mercantile Exchange. Prices jumped as high as \$75.40 a barrel earlier in the day.

THE ASSOCIATED PRESS

Gallic Energy plans Oklahoma acquisition

ENERGY Gallic Energy Ltd. plans to acquire a 75 per cent working interest in the East Cushing and Cottonwood oilfields near Tulsa, Okla. and issue shares to provide capital for developing the fields, the company said yesterday.

Under a letter of intent signed by Gallic, the Calgary-based junior energy company would acquire the working interest in the

properties from Energy Invest Group Ltd., a private company based in the United Kingdom.

Gallic said it would issue 11 million of its class A common shares, currently worth 15 cents each or \$1.65 million, in total to Energy Invest. The East Cushing and Cottonwood oilfields are comprised of 2119 acres with 108 wells.

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Seve Ballesteros says he's hopeful that his health will allow him to play a round at next year's British Open. Ballesteros, who is recovering from brain cancer that has left him partially blinded in his left eye, says playing a round at the event he won three times couldn't be decided yet. **THE ASSOCIATED PRESS**

Sports



Not leaving Notts

Sven-Goran Eriksson, left, says he is committed to English club Notts County and is not preparing to coach North Korea at the World Cup. North Korea has qualified for the finals for the first time since the 1966 tournament. Notts County also issued a statement dismissing a report that the fourth-tier club's director was set to take on a role with North Korea. **THE ASSOCIATED PRESS**

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Sports in brief

CFL For one game, anyway, the Toronto Argonauts will call Moncton, N.B., home. Two CFL sources told The Canadian Press yesterday that the Argos will be the home team for a regular-season game that will

be played in New Brunswick next season. The league will make the official announcement today at a news conference in Moncton. **WRESTLING** Captain Lou Albano, who became one of

the most recognized professional wrestlers of the 1980s after appearing in Cyndi Lauper's Girls Just Want to Have Fun music video, died yesterday. He was 76. **BASEBALL** Mets shortstop Jose

Reyes will undergo surgery on his injured right leg today in Dallas. Reyes is scheduled for a cleanup of some scar tissue remaining from a torn hamstring tendon behind his right knee.

METRO NEWS SERVICES



Edmonton Oiler Sam Gagner works for the puck against Chicago Blackhawks Duncan Keith last night in Chicago.

Blackhawks down Oilers

NHL RESULT

Edmonton 3 Chicago 4



Nikolai Khabibulin excelled in his first game against his former Chicago teammates, but couldn't prevent the Edmonton Oilers from losing 4-3 to the Blackhawks last night.

Mostly a high-priced disappointment during his four years in Chicago but a standout during last season's run to the Western Conference finals, Khabibulin made 34 saves to keep the Oilers in the game. He stopped Patrick Sharp on a

penalty shot in the second period and breakaways by Kris Versteeg and Jonathan Toews in the third.

Khabibulin had little chance on the goals he allowed to Sharp, Versteeg, Jack Skille and Cam Barker.

While the Blackhawks swarmed Khabibulin, Edmonton managed only 18 shots on Antti Niemi.

THE ASSOCIATED PRESS

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Fleury finds relief with book

BOOK Sober four years and enjoying a stability in his life he never before had, former NHL star Theo Fleury now wants to set the record straight. His autobiography *Playing With Fire*, released yesterday, answers many of the questions people had about his at-times maniacal behaviour.

By exposing his demons — most notably the sexual

assaults he says he was subjected to by former junior hockey coach Graham James and the substance abuse it led to — the 41-year-old Fleury has found relief.

"The only way you can get any kind of recovery in this process is to tell somebody, you've got to get it out there," Fleury said.

THE CANADIAN PRESS

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11

Metro Homes



Time to get spooky

Martha Stewart has created elegant tablescapes chandeliers, skulls and skeletons encrusted with colourful glitter, as well as a grinning pumpkin clock, left, and black jack-o'-lanterns stacked in a threesome, available online at GrandinRoad.com.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

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for Metro Canada



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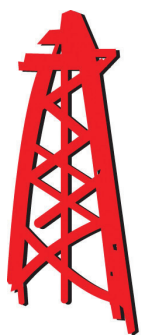
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Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Top Model winner strolls the catwalk

Reality TV show changed Rebecca Hardy's life

ANDREA WOO
for Metro Canada



Rebecca Hardy's life changed exactly two years ago, when the aspiring model won cycle two of Canada's Next Top Model.

"I've had the opportunity to model in Milan, England, New York and all over Canada," said Hardy, who worked at JM Schneiders before the win, preparing meats to be processed.

"I've met some huge celebrities and had the opportunity to walk many red carpets. I've been part of some huge show productions and music videos."

She will walk in several shows during Toronto Fashion Week, which starts on Monday.

Hardy — who stands five-foot-11 and is often recognized for her red hair and blunt bangs — was born in Burnaby, B.C., and moved to Mannheim, Ont., in the first grade. She first became interested in modelling during her senior year of high school, when a friend asked Hardy to model some clothing she designed for a school fashion show.

"I was really nervous because I didn't feel comfortable at all in front of an audience," she said.

"I was practically shaking, but when I got on stage, I completely changed. I loved it. This opened my eyes to modelling and made me want to pursue it more."

She signed with Ontario-based Cameo Models at 19 and applied to Canada's Next Top Model a few years later. For winning the competition, Hardy received a \$100,000 contract with Procter & Gamble, a modelling contract with Toronto-based Sutherland Models and an editorial spread in Fashion magazine.

Hardy says while the competition was often much more stressful than depicted on television — participants regularly worked long days on little sleep — she wouldn't trade the experience for anything.



Canada's Next Top Model winner Rebecca Hardy has had the opportunity to model in Milan, New York and all over Canada.

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Hayden Panettiere and Madeline Zima's same-sex lip-lock might have titillated fanboys, but the buzzed-about kiss did not draw in many new Heroes viewers. The NBC superhero drama pulled in 5.6 million viewers, staying flat from the previous week. **TVGUIDE.COM**

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

Chantal no Plain Jane

Chantal Kreviazuk

Album: Plain Jane
Label: MapleMusic/Universal
Rating: ⓈⓈⓈ

CHANTAL KREVIAZUK IS no "plain Jane." She's the wife of Our Lady of



Peace singer Raine Maida, the face of Garnier shampoo and a very clever songsmith with the ability to put on a teen-pop voice for a radio-friendly single like *Invincible*. She can also take on a sophisticated adult contemporary pose for the next song, *Half of Me*, show her jazzy side on the title track, *Plain Jane*, and reveal a lover's vulnerability on the gushing *5000 Days*. As well, the Winnipeg-born singer is still able to give us a gentle remember-though-less-fortunate-than-us nudge with the closing track *Na Miso*. Kreviazuk's versatility as both a singer and songwriter shines through on this album, perhaps to a fault. A listener could easily get lost with all the directional turns.

Graham Rockingham/for Metro Canada

Rosanne Cash

Album: The List
Label: Manhattan/EMI
Rating: ⓈⓈⓈ

IT'S THE GIFT that keeps on giving. Concerned that he was losing his daughter Rosanne to rock 'n' roll, Johnny Cash sat down one afternoon in 1973 and drew up a list of "100 essential country songs" to help educate her about her family's musical roots. It took 35 years, but Rosanne finally decided to share this priceless piece of Americana with the world. Some of it, anyway. With the help of husband/producer/guitarist John Leventhal, Rosanne chose a dozen



Fox underwear

Megan Fox will replace Victoria Beckham as the new face of Emporio Armani women's underwear line. Starting in January, she will appear in a print and billboard campaign. **PEOPLE.COM**



Plain Jane is the new album from Chantal Kreviazuk.

MusicReviews

music@metronews.ca

songs from daddy's list and lovingly recorded them for this album. For added impact, she also called in some guest vocalists like Bruce Springsteen (Sea of Heartbreak), Elvis Costello (Heartaches by the Number), Rufus Wainwright (Silver Wings) and Jeff Tweedy (Long Black Veil). The stand-

out here, however, is Rosanne's voice. It never stands in the shadow of these timeless songs. Unfortunately, Rosanne is playing coy with the other 88 titles on her father's list.

Graham Rockingham/for Metro Canada

Bob Dylan

Album: Christmas In The Heart
Label: Columbia/Sony
Rating: ⓈⓈ

IT SOUNDS

LIKE a big joke: Bob Dylan's raspy voice singing bouncy Christmas songs. But it's not. On *Christmas In The Heart* the folk legend tackles Here Comes Santa Claus, Winter Wonderland and a host of other Xmas classics. At first this is hilarious, and feels ironic, but the more you listen the less funny it becomes. This is indeed a Christmas record, and not a very good one. His scratchy pipes sound terrible and it's just weird hearing Dylan belt out Do You Hear What I Hear?

Bryan Borzykowski/for Metro Canada

The Flaming Lips

Album: Embryonic
Label: Warner
Rating: ⓈⓈⓈ

WHILE THE

LAST few Flaming Lips albums have been relatively straightforward affairs, fans of the band know that these guys have a healthy experimental side to them. And they're showing it off on this 18-song juggernaut complete with buzzy sounds and spacey instrumentals. Vocals are often hidden behind sounds, but on songs like *If*, they're still infectious even if they're not taking centre stage. It's complex, but intriguing.

Bryan Borzykowski/for Metro Canada

critics'corner

The Border

As Gray (Graham Abbey) and the rest of the ICS team continue their investigation into the explosion that left one of their number dead and two others seriously injured, U.S. Homeland Security agent Bianca LaGarda (Sofia Milos) returns — and she's not alone. She's escorting a Guantanamo Bay prisoner with terrorist connections. James McGowan also stars in the new episode "Broken." 9 PM on CBXT



30 Rock

The multiple Emmy-winning sitcom opens a fourth season in which Jack Donaghy (Alec Baldwin) will be forced to grapple with the grim real-world economics currently facing network television executives. Liz Lemon (Tina Fey), meanwhile, is determined to milk her newfound and unexpected celebrity for all it's worth. Jane Krakowski, Tracy Morgan and Jack McBrayer also star. 10:30 PM on CKEM. KHQ

	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
prime time 10/15/09	2	CFRN	239	318	The Vampire Diaries (N)	(8:01) The Mentalist		CSI: Crime Scene Investgn.		Grey's Anatomy (N)		CTV News
	3	KHQ	-	370	News	Jeopardy! (N)	Wheel-Fortune	Community (N)	Parks-Recreat	The Office (N)	30 Rock	Jay Leno Show
	4	CBXT	-	307	Wheel-Fortune	Doc Zone (N)		The Border "Broken" (N)		CBC News: The National		The Hour
	6	KREM	-	372	News	Hollywood	The Doctors	Survivor: Samoa (N)		CSI: Crime Scene Investgn.		The Mentalist
	7	CKEM	241	347	Law & Order: SVU		The Jay Leno Show (N)	Community (N)	Parks-Recreat	30 Rock	30 Rock	Your City
	8	CITV	240	339	ET Canada	Entertainment	90210 (HDTV) (N)	Survivor: Samoa (N)		The Office (N)	The Office	News Hour
	11	OMNI	-	-	The Office	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Metropia
	13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	FlashForward (HDTV) (N)	Grey's Anatomy (N)		Practice
	16	KAYU	-	373	The Office	Raymond	Two/Half Men	Bones (HDTV) (N)	Fringe "Dream Logic"			News
	22	KSPS	-	374	NewsHour With Jim Lehrer		General Election '09	Sherlock Holmes Mysteries		MI-5 "Divided They Fall"		Soundstage
	24	WTVS	-	364	Ask This Old	Michigan	Performance at White House	Red Green	Being Served	Tavis Smiley	Charlie Rose (N)	
	15	CBCN	502	-	CBC News: The National		The Nature of Things	CBC News: The National		CBC News: The National		Nature-Things
news	21	TWN	552	343	(5) EarthWatch One		EarthWatch One					
	27	CNN	500	500	Larry King Live (N)		Anderson Cooper 360 (HDTV)			Larry King Live		Cooper 360
	54	CTV	501	391	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	Squeeze Play
sports	70	BNN	504	508	Squeeze Play		Business News	Commodities	Market Call Tonight			World Poker
	20	TSN	400	400	NHL Hockey		SportsCentre (HDTV) (Live)		Off the Record			World Poker
	23	net	408	418	MLB Baseball: National League Championship Series Game 1			Sportsnet Connected		Sportsnet Connected		MMA Conn
	47	SPEED	417	405	Jacked!	Jacked!	Wrecked	Wrecked	Pimp My Ride	Pass Time	Pinks - All Out (HDTV)	Jacked!
	94	SCORE	410	403	(6:30) College Football Cincinnati at South Florida. (Live)			Score Now		Score Now		Score Now
family	9	EDACC	267	351	Alberta Primetime (Live)		(8:01) Private Practice		FlashForward (HDTV) (N)		Fringe "Dream Logic"	Premier
	14	TV	552	543	iCarly	Drake & Josh	Family Biz	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	17	TREE	553	546	Little Bear	Maggie-Beast	Babar	Zigby	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan
	42	TOON	555	545	Jimmy Two	Johnny Test	Stoked	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill
	45	FAM	557	541	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek
	1	TVA	121	714	TVA nouvelles	Le Cercle (SC)	La Fièvre de la danse (SC)		Dieu Merci (HDTV) (SC)		Le Gentleman (N) (SC)	TVA nouvelles
	18	CMT	575	583	According-Jim	According-Jim	Home Improve.	Home Improve.	Karaoke Star "Best of"		Reba	Reba
	25	A&E	615	520	The First 48 (HDTV)		The First 48 "Blackout"		Crime 360 (HDTV)		(10:01) The First 48	The First 48
	26	MMM	571	581	Wild 'n Out	Wild 'n Out	Storytellers Snoop Dogg		The Daily Fix		Wild 'n Out	Wild 'n Out
	29	FOOD	603	561	Perfection	Perfection	Ace of Cakes	Ace of Cakes	Family		Unwrapped	Unwrapped
	31	SHOW	617	522	Trailer Park	Trailer Park	The Outer Limits		Da Vinci's City Hall		The Best Years (DVS)	Saving Grace
	32	DISC	520	505	MythBusters		MythBusters		Daily Planet		MythBusters	MythBusters
	33	SILCE	601	562	X-Weighted "Sharia"		X-Weighted "Jeremy"		ET Canada	What Happen?	Biggest Loser Australia	Beauty, Geek
	34	W	602	567	House-Sell	Style by Jury	Old Christine	Friends	Friends	Grocery Bag	Confidential	Confidential
	35	TL	521	560	Police Women of Broward		Mail Cops (N)		Police Women of Broward		Mail Cops (HDTV)	Police Women
	36	BRAVO	520	523	Metal: A Headbanger's Journey (2005)			Bravo/Videos	Law & Order		With a Trace "True"	Undisputed
	38	SPICE	628	584	TNA Wrestling (HDTV) (N)				MANswers	GameTrailers	Ways to Die	
	39	AMC	-	-	(6) Stargate ** (1994, Science Fiction)		The Fly *** (1958, Science Fiction) Al Hedison.				Dragonheart ** (1996)	
	40	HIST	522	506	Underworld Histories		Life After People (N)	Air-Crane! (N)		M*A*S*H	M*A*S*H	Discoveries
	41	COM	526	547	Just for Laughs		Air Force	22 Minutes	Cornier Gas	Name Is Earl	The Simpsons	South Park
	43	SPACE	627	528	Primeval		Eureka (N)		InnerSpace (N)	Stargate SG-1		Hot Box
	44	WPCH	294	650	Law & Order: SVU		Payback ** (1999, Action) Mel Gibson, Gregg Kinnear.				The Office	Payback (1999, Action)
	46	OLN	411	457	Survivorman		Ghost Hunters	Bounty Hunter	Bounty Hunter		Survivorman	Ghost Hunters
	48	TROP	619	525	Bob & Doug	Bob & Doug	Seinfeld	Seinfeld	The Outer Limits		ET Canada	TV Made, Do It
	50	STAR	621	527	The View (HDTV) (N)		The Dr. Oz Show (N)		TMZ	etalk	Hollywood	Extra
	52	HTG	600	562	Family Reno	Disaster DIY	House Hunters	House Hunters	Holmes Inspection		Family Reno	Disaster DIY
	56	TLN	700	800	L'Insegnante Va in Collegio		George Lopez	George Lopez	George Lopez	George Lopez	Raymond	Paid Program
	92	APTN	269	350	Wopos Bay	By the Rapids	Rez Rides		Moose TV		Bill & Ted's Bogus Journey ** (1991, Comedy), Alex Winter	Fish Out of
cable variety	93	VISION	261	394	Cocoon *** (1985, Fantasy) Don Ameche, Willford Brimley.			Nitro Circus (N)	Pranked	MTV Live	The Great White Hope (1970, Drama)	
	100	MTV	581	566	Fantasy Fact.	Beatdown				Fantasy Fact.	Beatdown	Nitro Circus
	101	MM	570	580	You Can Dance						Video on Trial	The Shift
	102	CPAC	512	396	(6:30) Primetime Politics					Prime-Politics	Primetime Politics	
	103	VIVA	526	507	The Closer "Blindside"		Da Vinci's Inquest		Psychic Inv.	Encounters	Judging Amy	Missing
	106	RDI	126	730	Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal (SC)		24 Heures en 60 minutes	Le Téléjournal
	161	SUPER			Rachel Getting Married *** (2008, Comedy), Bill Irwin				How to Lose Friends & Alienate People ** (2008, Comedy)			Persepolis

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GARNEAU

Reaction to blackface skit 'appropriate': Connick Jr.

Singer says he was right to express outrage on TV program

Harry Connick Jr. says he did the right thing by expressing his outrage at a blackface skit poking fun at the Jackson Five in Australia last week.

"I'm pleased with the way I handled the situation," the 42-year-old American singer and actor told reporters yesterday in Hong Kong, where he was promoting his new album *Your Songs*.

"I handled it in exactly the manner I thought was appropriate," he said.

The skit was featured on an Australian TV variety show where Connick was a guest judge. Four men in blackface and with Afro wigs sang and danced behind a Michael Jackson impersonator wearing white makeup. Connick gave the performance a zero score.



Singer Harry Connick Jr., shown in this file photo, says he thinks he did the right thing by expressing his outrage at a blackface skit poking fun of the Jackson Five in Australia last week.

The host of *Hey Hey It's Saturday*, Daryl Sommers, apologized to Connick at the end of the live show.

Connick said in response, "I just want to say, on behalf of my country, I know it was done humorously, but we've spent so much time trying to not make black people look like buffoons, that when we see something like that we take it really to heart."

"I'm pleased with the way I handled the situation."

Harry Connick Jr.

Public reaction in on-line forums was mixed. Some Australians said they were embarrassed such a racist sketch had been broadcast, while others said detractors were too politically correct and that the skit was funny.

Connick said he cancelled an autograph session and interviews in Sydney after the show to let the controversy die down.

"It was very hot. It was a subject that was very, very controversial. So we just decided to take a couple of days off. I wasn't worried about physical harm," he said.

Blackface once was a part of minstrel shows in the United States, with whites playing stock black characters — usually demeaning stereotypes — after rubbing coal, grease or shoe polish on their faces.

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This year, Edmonton's International Literary Festival includes a panel of four fabulous food writers presenting readings at Kids in the Hall Bistro in City Hall. Each is accompanied by appetizers inspired by their writing, created by executive chef Wayne Maki. Visit lifestalberta.org for details.

Urban Foodie

★★★★ INSPIRED; ★★★★★ VERY GOOD; ★★★ PALATABLE; ★★ HO-HUM; ★ NEVER AGAIN

Sweets to celebrate Festival of Lights

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EdmontonUrbanFoodie@gmail.com

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newasianvillage.com

Signature Drink:
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Signature Dish:
Dinner Buffet (\$17.95)
Rating: ★★★★★
Dinner & drinks for 2: \$65

This Saturday, a sixth of

the world's population will celebrate Diwali. The Hindu Festival of Lights is marked with the consumption of sweets and combustion of fireworks.

I decided to visit one of the city's Indian restaurants this week. In our curtained booth, I paused briefly to order drinks before lunging for a buffet plate (\$17.95) to face the row of brassy chafing dishes.

Even the smallest samples of alu gobi and lamb

On the web

• Get recipes and more great food content at metronews.ca/recipes

masala over saffron rice quickly filled my plate. Naan bread teetered and pakora threatened to roll for freedom.

At my table was my Bombay Beach (\$6.95): its syrupy sweetness was a welcome balance to the spicier dishes.

I favoured the tender pa-

neer in its rich, creamy curry sauce, relished the popular butter chicken and sampled my chilli chicken with caution. After I finished returning to the buffet, I decided to mark Diwali by trying a traditional snack.

Bikaner Sweets is housed inside the New Asian Village, and I simply requested a boxful of assorted cookies (\$8). Most were variations on galubjamun, the sweet milk balls that taste like dense Tim-



Even the tiniest sample of every chafing dish on the buffet (\$17.95) will overload your poor plate.

bits. Some I enjoyed more than others, but each exotic flavour was a treat in itself.

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant to watch turkey leftovers get a Tex-Mex spin. Diane cooks up BBQ sauce and a great sandwich.



Dining out

TROPİKA MALAYSIA
You're left with three full menus when you sit down at Tropika Malaysia. For just over \$10, you can choose anything from Long Island duck to pineapple fried rice. Stuck? Try the dinner combinations, like the rasa sayang seafood platter. Halibut steak and nuclear Sambal prawns are served on top of a bed of sayur lemak.

PANDA HUT EXPRESS
Across from the new Century Park, a reclaimed Burger King boasts a chopstick-toting panda bear on its awning. Panda Hut Express offers a drive-thru window for its Western Chinese cuisine. The food is tasty and fresh, far less expensive than it should be, and the restaurant offers a play place for the eat-in parents.

In brief

HARVEST DINNER Culina Highlands will celebrate its fall harvest dinner on Monday. For \$65 per person, sample five Italian dishes with five Italian wines. Visit 6509-112 Avenue or call 780-477-2422.

WINE DeVine Wines features the best Pinot Noir in the world with their Saturday, Oct. 24, tasting. Only \$85 for one of 18 spots. Visit devinewines.ca

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Courtney Cox says she and husband David Arquette are looking forward to having a second child — eventually. “We’re not trying yet. We’re revving up the engines. I’m only ready because time’s a-ticking,” she tells OK! Magazine. **METRO WORLD NEWS**

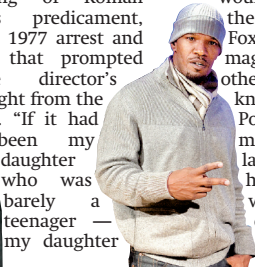
Celebrity Buzz

Johnny hopes kids don't want to act

IT'S NOT LIKE THEY NEED A JOB Johnny Depp has had an incredibly successful acting career, but he hopes his kids don't follow in his footsteps. “I honestly hope that Lily-Rose and Jack don't want to become actors — that's my greatest fear,” Depp says, according to *Hollycoop*. “I always show them my various costumes and they love it. My children seem to take my job for granted.” **METRO WORLD NEWS**

'Roman Polanski would be missing' if it had been my daughter: Foxx

HOMICIDAL IN HOLLYWOOD is 15 — Roman Polanski would be missing. Period. It wouldn't even get to the court case,” Foxx tells *Parade* magazine. “On the other hand, I don't know Roman Polanski, but maybe if I had a relationship with him my answer would be different.” **METRO WORLD NEWS**



Jacksons squabble over kids appearing on family's show

ISN'T A JACKSONS REALITY SHOW SUPERFLUOUS? The Jacksons are at odds over the inclusion of Michael Jackson's three children in an upcoming A&E reality show about the famous family, *Us Weekly* reports in its latest issue.

A source tells *Us Weekly* the buzzed-about program will include Michael's kids — Prince, 12, Paris, 11, and Blanket, seven — though not everyone's happy about it.

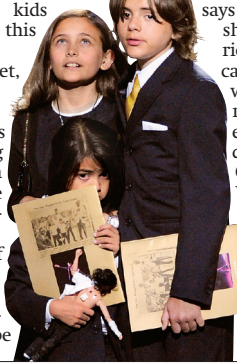
Eldest sister Rebbie, 59, who has refused to be in the series (called *The Jacksons: A Family Dynasty*, tentatively set to air in December), “feels Michael would spin in his grave if he knew his kids would be on this show.”

While Janet, 43, is on board, mom Katherine “is just going along with things,” the source continues.

Still, one of the creators of the program — which will be

either five one-hour episodes or 10 half-hour episodes — says the family shines on the series. “We have 23 cast members with the last name Jackson,” executive producer Jodi Gomes tells *Us Weekly*. “They've done a great job opening up about losing a brother.”

METRO NEWS SERVICES



Kristen's sick of Rob romance rumour

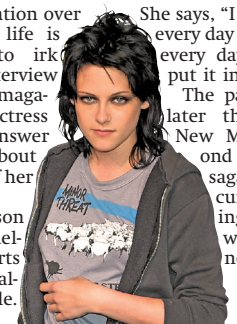
BUT IT'S A GENUINE RUMOUR! Kristen Stewart is tiring of reports she's dating her *Twilight* film series co-star Robert Pattinson, insisting she's sick of reading the same story every day, *femalefirst.co.uk* reports.

The young actors have been forced to deny persistent reports they have taken their on-screen romance off-screen and Stewart admits the con-

stant speculation over her private life is beginning to irritate her. In an interview with *Allure* magazine, the actress refuses to answer questions about the extent of her relationship with Pattinson for fear of fueling reports they are a real-life couple.

She says, “I read that story every day ... It's in a story every day, so let's not put it in another one.” The pair will return later this year with *New Moon*, the second movie in the saga, and they are currently working on *Eclipse*, which is due out next year.

METRO NEWS SERVICES



Ex-senator declares her innocence

THE WHEEL OF CELEB JUSTICE A former Bahamas senator denied trying to blackmail actor John Travolta after the death of his 16-year-old son as she testified in her extortion trial yesterday.

In an unsworn statement, Pleasant Bridgewater told jurors she was set up by the movie star's lawyers and complained she has been ridiculed and ostracized since being charged in January. “I maintain my innocence,” said Bridgewater, who was not subject to

cross-examination because she did not swear an oath. “I will be the first to say I am no saint. But I am no devil.”

Defence lawyers began presenting their side after three weeks of testimony by prosecution witnesses including Travolta, who said ambulance driver Tari-no Lightbourne threatened to sell stories to the news media suggesting the

movie star was at fault in the death of his son, Jett, unless he paid \$25 million US. Bridgewater is accused of negotiating with Travolta's attorneys for Lightbourne. Both defendants have pleaded not guilty to extortion. The alleged scheme involved a document that Travolta signed in the moments after his son suffered a seizure at a family vacation home on Grand Bahama.

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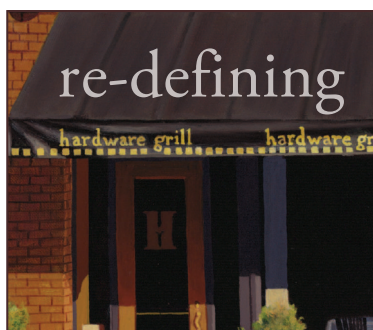
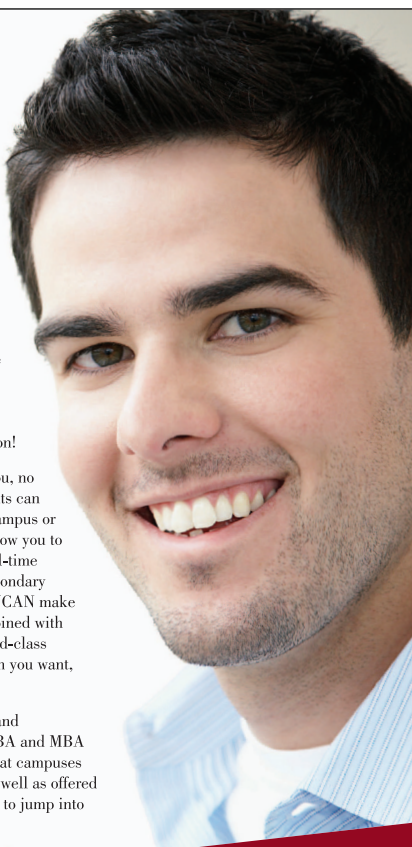
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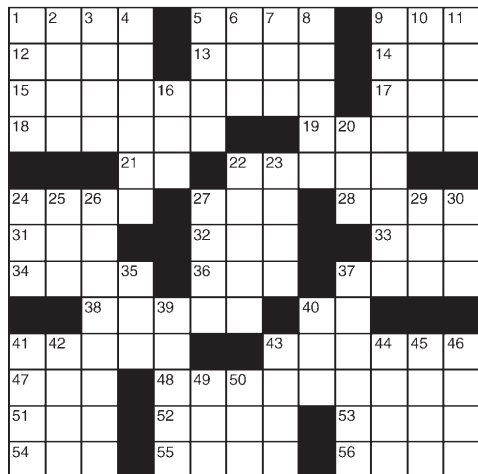
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ACROSS

- 1 Tackled weeds
- 5 Miss Scarlet's game
- 9 Occupation
- 12 Incite
- 13 Padlock fastener
- 14 Kyoto summerbund
- 15 Recurring marine events
- 17 Thither
- 18 Fall
- 19 Propelled a scull
- 21 "— what?"
- 22 Felix Salten story
- 24 Bad habit
- 27 "El —"
- 28 Old Testament kingdom
- 31 Commotion
- 32 Peculiar
- 33 Actress — Longoria Parker
- 34 — hall meeting
- 36 Month (Sp.)
- 37 Now, on a

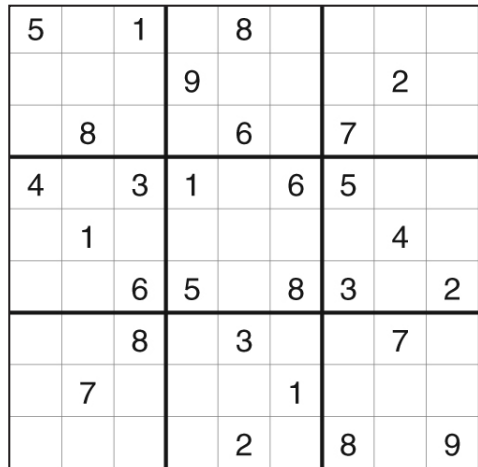
DOWN

- 1 Suspended
- 2 Sandwich treat
- 3 "Zounds!"
- 4 Oust from a throne
- 5 Goatee site
- 6 Young bloke
- 7 Work with
- 8 English racetrack site
- 9 Trips taken in "borrowed" cars
- 10 Reed instrument
- 11 Tie
- 16 Pair
- 20 Homer's dad
- 22 Obama's veep
- 23 Puts in
- 24 Cistern
- 25 Altar affirmative
- 26 Leather materials
- 27 Arrive
- 29 Eggs
- 30 Chart
- 35 Carpet feature
- 37 Theseus' land
- 39 Fodder plant
- 40 Pompous sort
- 41 Small combo
- 42 Opulent
- 43 Scratched (out)
- 44 Hebrew month
- 45 Clause in a contract
- 46 Get a glimpse of
- 49 Raw rock
- 50 "— the ram-parts ..."

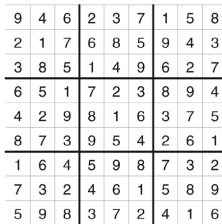
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Homemade Whole Wheat and Beer Pizza

Submitted by Eilean McKenzie, Winnipeg

INGREDIENTS:

- Crust:**
 2 cups white all-purpose flour
 1/2 cup whole wheat flour
 1 tbsp dried rosemary
 2 tsp garlic salt
 1/2 tsp chili flakes
 1 tsp yeast
 1 tsp sugar
 1 cup of beer at room temperature
 1/2 cup of olive oil
 1/4 cup water (if necessary)
- Topping:**
 1 cup barbecue sauce
 1 cup cubed cooked chicken breast
 1 cup low fat shredded cheese (marble or mozzarella)
 Fresh vegetables

1. mix them.
2. Add olive oil and beer. Keep mixing till you form a ball of dough. If it's a little dry, add more beer or warm water. If it's a little sticky, sprinkle on flour. When you remove the dough from the bowl, it should be sticky but not leave anything on your fingers or in the bowl.
3. Stretch dough onto greased cookie sheet or pizza stone.
4. Top with barbecue sauce and other ingredients.
5. Cook for 30-45 minutes at 400°F until crust is golden brown and cheese is bubbling.

SERVES 4

PREP TIME: 10 MINUTES
COOK TIME: 35 MINUTES



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ARIES
MARCH 21-APRIL 20
 You will go out of your way to make life easy for loved ones and colleagues. What you do for them now they will do for you later.



TAURUS
APRIL 21-MAY 21
 Try not to get too close to something you are working on, because if you do you may lose your sense of perspective.



LIBRA
SEPT 23-OCT 23
 Success is yours if you want it but with your ruler Venus at odds with Pluto today you could be a bit too reckless for your own good.



SCORPIO
OCT 24-NOV 22
 If you want to begin it on the right note there are things you need to get sorted, especially your tendency to dwell in the past. Move on.



GEMINI
MAY 22-JUNE 21
 It is time to put your own interests first and start work on something you have been planning for quite some time.



SAGITTARIUS
NOV 23-DEC 21
 You must get the balance right when it comes to furthering your ambitions. By all means aim to get ahead but try not to appear too pushy or selfish.



CANCER
JUNE 22-JULY 22
 With love planet Venus at odds with Pluto today you must expect others to demand their independence, and if you're wise you will give it to them.



CAPRICORN
DEC 22-JAN 20
 Do you guard your independence and put your own interests first? Or do you trade freedom for security? Only you can decide, but decide you must.



LEO
JULY 23-AUG 23
 You will get a lot more out of social activities than just sitting at home watching TV, so get your act together and get out into the world.



AQUARIUS
JAN 21-FEB 18
 The Sun and Venus in Libra boost your confidence and make it easier to be adventurous. If you get the chance to travel today take it.



VIRGO
AUG 24-SEPT 22
 Any barriers you encounter today are most likely to come from your work rivals. But that's OK because you like a challenge.



PISCES
FEB 19-MARCH 20
 You're in one of your impulsive moods at the moment and inevitably you will get yourself into some risky situations.



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This day in history

- 1815: Napoleon I of France begins his exile on Saint Helena in the Atlantic Ocean.
- 1878: The Edison Electric Light Company begins operation.
- 1917: World War I: At Vincennes outside of Paris, Dutch dancer Mata Hari is executed by firing squad for spying for the German Empire.
- 1966: Black Panther Party is created by Huey P. Newton and Bobby Seale.
- 1989: Wayne Gretzky becomes the all-time leading points scorer in the NHL.

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